

# Understanding Your Teenager 4-Week Programme

4-Week Programme for parents and carers at:

The Nuneaton Academy

Radnor Drive, Nuneaton

CV10 7PD (CV10 7NR for a SatNav device)

On Wednesdays 13:00–15:00, 27<sup>th</sup> April, 4<sup>th</sup>, 11<sup>th</sup> and 18<sup>th</sup> May

The teenage years can be challenging both for parents and teenagers themselves! But teenager's behaviour does not have to be a mystery.

The aim of Understanding Your Teenager 4 week programme is to enhance parent/carers relationships with their teenagers building on parent and carer's understanding of teenage development and behaviours.

Topics covered during the session include: What to expect during this phase, understanding your teen, communication styles and empowering teenagers.

Scan QR code:



To book your place please scan QR Code.

For further information please email:

[ehparenttrainers@warwickshire.gov.uk](mailto:ehparenttrainers@warwickshire.gov.uk)

